

Respectful maternity care charter – 7 rights of childbearing women



- 1 Freedom from harm & ill treatment**
No-one can physically abuse you.



- 2 Information, informed consent & refusal**
Respect for choices & preferences, including the right to a companion of choice wherever possible.
No-one can force you or do things without your knowledge & consent.



- 3 Confidentiality & privacy**
No-one can expose you or your personal information.



- 4 Dignity & respect**
No-one can humiliate or verbally abuse you.



- 5 Equality, freedom from discrimination & equitable care**
No-one can discriminate because of something they do not like about you.



- 6 Timely healthcare & the highest attainable level of health**
No-one can prevent you from getting the maternity care you need.



- 7 Liberty, autonomy, self determination & freedom from coercion**
No-one can detain you or your baby without legal authority.