

NEETHU'S 5 SIGNS FOR THE INFORMED THIRD STAGE OF LABOUR

Informed Consent

The provider must obtain your consent to manage the delivery of the placenta, explain the risks and benefits and communicate in an ongoing manner. You can decline this and birth physiologically.

Wait for drug

Provider must wait a minimum of 3 minutes for uterine drugs to take affect if you have consented to a managed placental delivery

Uterus Check

The provider should gently touch your abdomen to check for signs of placental separation and feel for a contraction

Confirm separation

The provider must inform you they believe separation has occurred and get consent to start pulling the umbilical cord or encourage you to deliver yourself

Gentle Pull

The provider may with your permission, assist the placenta out by carefully pulling on the umbilical cord.

If a provider pulls on your umbilical cord before doing clinical checks or puts their hand inside your vagina without consent to remove the placenta, your birth support should document it as soon as possible and report them to the Australian Health Practitioner Regulatory Authority (AHPRA) for medical negligence.



Informed Placenta Delivery

AHPRA's website



Further Reading

