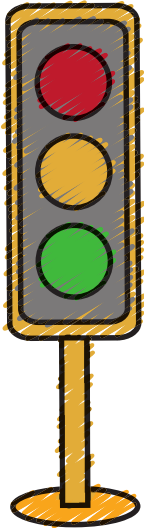


HUGO'S CTG TRACE ALERT

Use the traffic light to determine if your CTG Trace is
safe



Things to remember:

The provider should check the CTG Trace every 15 to 30 minutes and explain it to you or your birth support.

1 aspect of abnormality in any yellow or red should be overseen by an obstetrician

See QR Code of RANZCOG fetal surveillance guideline.



Fetal Heart Rate: Below 100 for at least 2 contractions and/or
Contraction Length: More than 2 minutes
Demand syntocinon is turned off or pull out your cannula

Fetal Heart Rate: Below 110 or above 160
Contraction Length: Over 90 seconds, but less than 2 minutes
Contraction Frequency: 5 or more contractions in ten minutes/ Less than a minute break between contractions

Fetal Heart Rate: 110–160
Contraction Length: Less than 90 seconds
Contraction Frequency: 3–4 contractions in 10 minutes

Green does not always mean safe. The provider in green range must assess if the 'variability, baseline and key features' of the baby's heart rate are normal